

REPORT TO: Health and Wellbeing Board

Date of Meeting: 28th March 2017

Report of: Emma Leigh (Clinical Projects Manager)

Subject/Title: Updated Children and Young People's Mental Health Local Transformation Plan, 2017/18

1 Report Summary

- 1.1 This report presents the "Children and Young People's Mental Health Local Transformation Plan" for Cheshire East.
- 1.2 NHS England requires that each Clinical Commissioning Group refresh the Children and Young People's Mental Health and Wellbeing Local Transformation Plan (LTP) that were submitted in October 2015. The original LTP was signed off by the Health and Wellbeing Board at the meeting in December 2015, and then published on both NHS Eastern Cheshire and NHS South Cheshire CCG websites. The document has been prepared in partnership with Cheshire East Council and Public Health in order to be scrutinised by NHS England prior to final submission and publication.
- 1.3 The Transformation Plan builds on the existing local service development work which is being undertaken in partnership with the CCG, LA, Schools and third sector providers.
- 1.4 Since the publication of our first plans in October 2015, collaborative activity has been undertaken to commence the transformation of mental health services for children and young people across Cheshire East. Our revised plans have been written following detailed consultation with young people and their families and in partnership with Cheshire East Council, NHS South Cheshire and NHS Eastern Cheshire CCGs and NHS Cheshire and Wirral NHS Partnership Trust and voluntary and community organisations active in the area of mental health.
- 1.5 The Cheshire East Health and Wellbeing Board, oversees the delivery and implementation of this Transformation Plan, alongside the Local Children's Safeguarding Board and the Children's Trust. Strategic management is provided by the Children and Young people Mental Health Partnership Strategy Group. Wide and broad engagement with children, young people, families and carers has taken place to inform the priorities and we aim to continue to develop and use mechanisms to involve children, young people, families and carers throughout the scope of this plan.

2 Recommendations

- 2.1 To review the baseline created and the progress made during 2016 despite challenging financial circumstances within the Cheshire East health economy
- 2.2 To acknowledge the progress made in increased partnership working to increase the efficiency of mental health provision and to support the governance structure.
- 2.3 To support at senior executive level the recommendations made for 2017/18.
- 2.4 The following is an overview of the identified activities that will form the 2017/18 transformation activity within Cheshire East. NB: these should be considered in the way that they interlink into wider service delivery across our multiple organisations.
 - Roll out “Tools for Schools” project (previously Emotionally Healthy Schools)
 - Roll out “MH Links” project
 - THRIVE “Getting Help” pilot
 - Development of CYPIAPT Workforce
 - Redesign of service specification for CAMHS
 - Workforce redesign – including staffing resilience/workforce development
 - Development of perinatal mental health pathways from universal services inc. acute services
 - Development of a single point of contact for information and advice
 - Develop access to (online) counselling services
 - Implementation of Self Harm pathway
 - Review local CYP MH commissioning arrangements – exploring lead commissioner models and mapping against local need
 - Comprehensive workforce review as part of Strategic Clinical Network business planning

3 Reasons for Recommendations

- 3.1 The recommendations made have been developed in partnership with the Children and Young people Mental Health Partnership Strategy Group, and following extensive consultation and engagement with children and young people and their families.
- 3.2 Mental health services for young people in Cheshire are characterised by a complex system of provision, and care is being provided by NHS consultants

from three specialities – CAMHS, Community Paediatrics, and Adult Psychiatry. True transformation will address the connectivity between these specialities and the other services that exist for children and young people who are experiencing mental health difficulties.

- 3.3 In this second year of transformation, the areas of work which have been identified as being priorities, will both address the key areas from the Children and Young People's JSNA and will begin the journey towards redesigned services, supported by integrated commissioning, which will ultimately deliver improved mental health outcomes via improved access to services, timely intervention and children and young people accessing the most appropriate intervention for the need.

4 Impact on Health and Wellbeing Strategy Priorities

- 4.1 The Children and Young People's Mental Health Local Transformation Plan" for Cheshire East has a direct impact and connection to Outcome one - Starting and developing well (Children and young people have the best start in life; they and their families or carers are supported to feel healthy and safe, reach their full potential and are able to feel part of where they live and involved in the services they receive.)

5 Background and Options

- 5.1 In February 2015, the Department of Health and NHS England published the policy document, Future in Mind: Promoting, protecting and improving our children and young people's mental health and wellbeing. This set out an ambitious programme of change, and introduced the intention to require every area in England to develop a local Transformation Plan, led by CCGs but involving all partners. The scope included the full spectrum of service provision including education, and the needs of children and young people (up to age 18) who have particular vulnerability to mental health problems. The document stated that 'A whole system approach is needed focusing on prevention of mental ill health, early intervention and recovery'.
- 5.2 Each area was tasked with producing its own plan to:
- Set out a comprehensive and transparent local offer, including a declaration of resources, to be updated annually.
 - Demonstrate a multi-agency commitment to service transformation over the coming years.

- 5.3 Over the next 4 years, 2016-2020, work will focus on realigning resources to the areas of need, to improve and enhance early intervention, prevention and specialist mental health services. Work will also ensure that services deliver across changing demographics and local needs. As part of embedding the new model, significant workforce development will be required to ensure shared decision making across service boundaries. This will require a variety of training, skill development and transference to ensure the workforce has both the capacity and capability to meet the needs of our current and future population.

6 Access to Information

- 6.1 The background papers relating to this report can be inspected by contacting the report writer: Online information relating to engagement and involvement activities can be located at: <https://www.easterncheshireccg.nhs.uk/Your-Views/past-engagement.htm>

The background papers relating to this report can be inspected by contacting the report writer:

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